



CHEMSEX

HARM REDUCTION THINKING AND MECHANICS

Patriic Gayle, GMHC Projects Lead

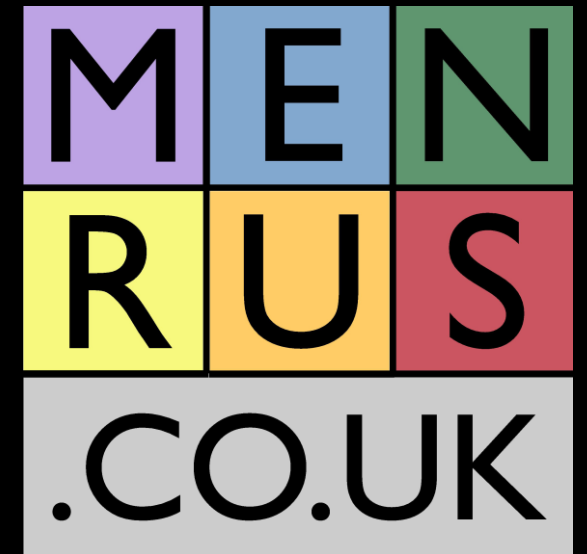
Defining chemsex 101

Chemsex is the intentional use of any combination of the following drugs to help facilitate, enable or enhance sex:

- Methamphetamine *aka* 'crystal'
- Mephedrone *aka* 'meph'
- GHB and GBL *aka* 'G'

Arranging hookups using apps is the norm for gay men, eg: Grindr, Scruff, Recon.

Other definitions exist. Other drugs may be involved.



For more check out
CHEMSEX under
DRUGS at
MENRUS.CO.UK

Gay Men's Health Collective

GMHC.CO.UK | admin@gmhc.co.uk



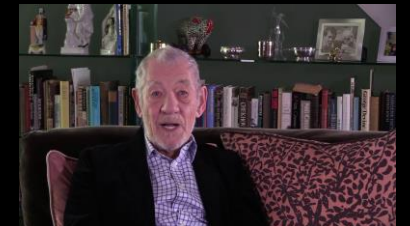
MENRUS.CO.UK
health and wellbeing
website for GBMSM
and wider LGBT+
community



PIP PAC
Harm reduction
(safer chemsex) inc.
resources and
education



THREE FLYING PIGLETS
Film making on
GBMSM issues and
films for the wider
LGBT+ community



Which glass contains GHB and which GBL?

ENDING HIV STIGMA
More than a soundtrack or slogan



FOCUS. PICK A CARD. ANY CARD.

Gay men's health and wellbeing in one place.

HPV VACCINATION

MENRUS.CO.UK

GM HC

SAFER - THREE FLYING FUELLES - PIP-PAC

FOCUS. PICK A CARD. ANY CARD.

Gay men's health and wellbeing in one place.

MENRUS.CO.UK

GM HC

MENRUS.CO.UK

GET OUT AND GET ON

FOCUS. PICK A CARD. ANY CARD.

Gay men's health and wellbeing in one place.

MENRUS.CO.UK

GM HC

HPV VACCINATION

MENRUS.CO.UK

GM HC

FOCUS. PICK A CARD. ANY CARD.

Gay men's health and wellbeing in one place.

MENRUS.CO.UK

GM HC

HPV VACCINATION

CHEMSEX

BE SAFER

FOCUS. PICK A CARD. ANY CARD.

Gay men's health and wellbeing in one place.

MENRUS.CO.UK

GM HC

CHEMSEX

HPV VACCINATION

FOCUS. PICK A CARD. ANY CARD.

Gay men's health and wellbeing in one place.

MENRUS.CO.UK

GM HC

CHEMSEX

MENRUS.CO.UK

SAFER - THREE FLYING FUELLES - PIP-PAC

MENRUS.CO.UK

GM HC

SAFER - THREE FLYING FUELLES - PIP-PAC

HEALTH AND WELLBEING

SAFER CHEMSEX

YOUR RIGHTS ON ARREST

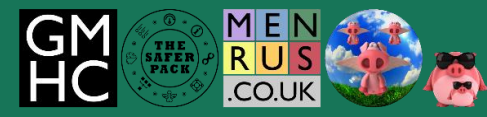
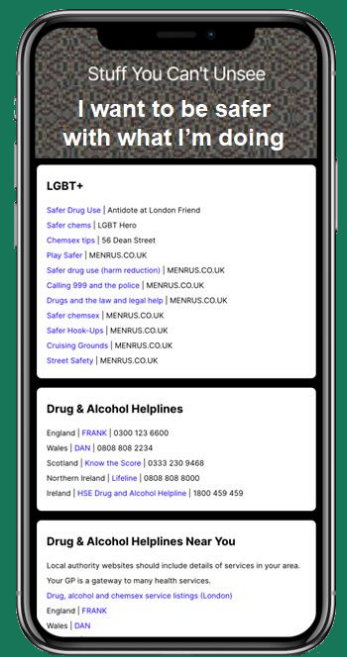
HIV/ HCV/ STI "RISK-O-METER"

OVERDOSES AND CALLING 999

HOOK-UP SAFER

CHEMSEX

BE SAFER



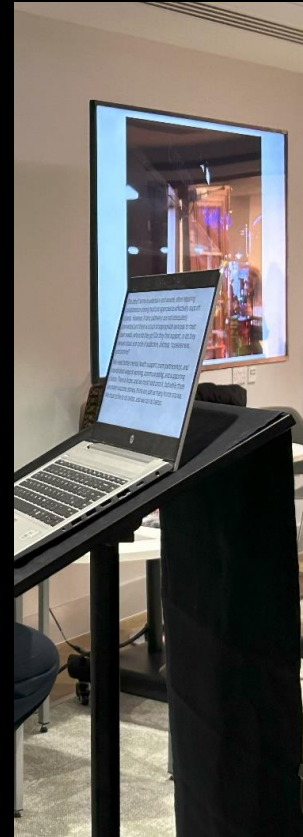
Chemsex

Harm Reduction Initiative



LONDON CHEMSEX CONFERENCE

FRI 7 JUNE 2024



Patriic Gayle
Projects Lead (Volunteer)
Gay Men's Health Collective
patriic@gmhc.co.uk
07791 867885

