**FPH REGIONAL WELLBEING CHAMPION**

**ROLE DESCRIPTION**

**PURPOSE**

1. To raise awareness and knowledge at regional level of the individual and systemic factors that impact on Wellbeing.
2. To promote FPH, local and national resources on Wellbeing
3. To gather feedback from the region on current challenges and areas for improvement.

**KEY RESPONSIBILITIES**

* Raising awareness, offering support, and promoting best practice regarding wellbeing matters in the region/country.
* Gathering resources on wellbeing and examples of good practice and sharing with FPH for publication on website.
* Gathering feedback from the region/country on current challenges and areas for improvement.
* Liaising and meeting with other Wellbeing Champions – as the “FPH Wellbeing Champion Network” – to share good practice and contribute to a better understanding of the issues.
* Advising on the FPH Wellbeing strategy.
* Linking with other wellbeing-related roles across the regions and four nations, for example Wellbeing Guardians (NHS England) and the Workforce Wellbeing Champion Network in Scotland.

FPH aim to appoint a minimum of 13 Wellbeing Champions (one from each English Region and Devolved Nation, plus one representative of the Specialty Registrars’ Committee).

**PERSON SPECIFICATION**

The post holder should:

* Be an advocate for better workforce wellbeing support and processes (demonstrable evidence of this is desirable).
* Be a good listener and able to give advice and support effectively.
* Be able to cultivate and maintain networks to support their wellbeing work.
* Be willing to learn and proactively seek out information and resources to supplement their knowledge.

FPH actively seek to have a diverse and representative group of Wellbeing Champions. As such all Practitioners, Members and Fellows are encouraged to apply.

**TERM OF OFFICE**: 3 years

**RESPONSIBLE TO**: FPH Wellbeing Lead (currently Professor Tracy Daszkiewicz, FPH Vice-President)

**TIME COMMITMENT:** 1 day a month

**NATURE OF ROLE:** Voluntary